

Schedule an Icebreaker

There are three ways to schedule an icebreaker:

#1 Call Nicole Hall @ DHS

(503) 681-6949

#2 Call Ayla Birth Community Services

(503) 476-1165

#3 Email icebreakers@aylabirth.org and request one.

Ayla Birth Community Services is a 501(c)(3) non-profit dedicated to preventing child abuse by improving mental and physical health among at-risk women during the childbearing year.



Ayla Birth
P.O. Box 6063
Aloha, OR 97007
(503) 476-1165
Fax: (503) 433-1933
www.aylabirth.org

Washington County
Oregon

Ice Breakers

**30 minutes to
happier kids**





Parents

Icebreakers are 30 minute meetings (per child) between Parents & Foster Parents to help the child move through foster care.

They are held at DHS, usually within 30 days of placement.



Icebreakers help Children by:

- Working together for the child
- Learning about home routines
- Understanding family culture
- Focusing on the child's needs
- Helping adjustment to the home
- Sharing parenting philosophies

Foster Parents

What we Talk About

- Child's likes/dislikes
- School & hobbies
- Hair, nails & clothes
- How the child is doing



What we don't Talk About

- Why the child is in foster care
- Visitation
- Contact information
- When the child will go home